

shop with *the pros*

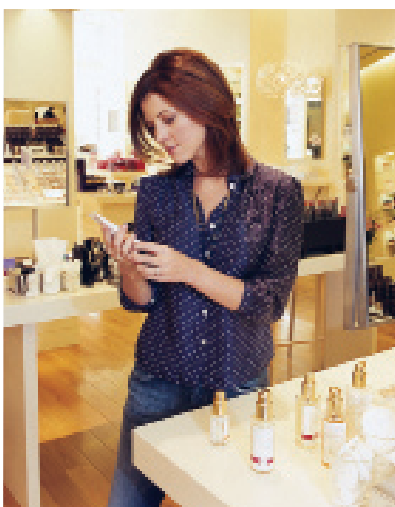
NAME: Sara Snow

OCCUPATION: TV host, *Get Fresh*

SHOP: Space NK Apothecary, NYC

The anchor for the Discovery Home Channel's hit lifestyle show *Get Fresh*, Sara Snow, believes that all-natural ingredients (no parabens, phthalates, or other synthetics) make a huge difference—both for the environment and for your skin. “I think there’s a direct link between cosmetics and health,” she says. “Some of the preservatives are hormone disruptors, so I look for organic—and chemical-free—as much as possible.” Not that she’s willing to compromise on performance: “I split my time between New York City and Indianapolis; I’m always on an airplane, so my skin needs a lot of moisture,” she says. “I’m constantly in the market for the latest creams and oils.” At SoHo’s new, ultra-chic Space NK Apothecary, Snow stocked up on items that more than pass her stringent standards. —Cristina Mueller

what she picked:



DR. HAUSCHKA ROSE DAY CREAM LIGHT “I’ve used the classic Rose Day Cream for years, and even in this lighter version, 30 rose petals go into each tube. The smell and feel are incredible.” \$40, DRHAUSCHKA.COM



HUILES & BAUMES ALPINE SOS BALM

“I apply this salve to bumps and bruises, cuts and scratches, and achy muscles. I’m a bit of a klutz, so I need it all the time!” \$42, SPACENK.COM





SHEERIN O'KHO EVENING DRESS SOIR VISAGE "Such a beautiful lotion—ideal for when you want your skin to look dewy and aren't wearing a lot of makeup. It contains mother-of-pearl powder, which makes you glow—plus the horse chestnut and rose are detoxifying." **\$120, SPACENK.COM**



INA CRYSTALS WHITE GOLD DETOXIFYING CRYSTAL SALT "I've gotten into a weekly ritual with this bath soak; I love the way it smells faintly like the beach." **\$85, SPACENK.COM**



REN CLEAN SKINCARE MULTI-MINERAL DETOXIFYING FACIAL MASK "What's great about this mask is the spirulina, a seaweed rich in essential fatty acids that I eat a lot of—when it's on your skin, it encourages cell regrowth." **\$34, SEPHORA.COM**



LOLA KELLY DERMALOGIE REGARD D'ANGE EYE CREAM "Fantastic! Cornflower extract helps to decongest the eye area, which is perfect for a puffy-eyed traveler like me." **\$44, SPACENK.COM**



JURLIQUE CITRUS PURIFYING MIST "This old-school biodynamic skincare line is one of my favorites—especially like this anti-breakout toner, which has lots of calming ingredients, like tangerine and witch hazel." **\$31, JURLIQUE.COM**



AROMATHERAPY ASSOCIATES SUPPORT SUPERSENSITIVE BODY OIL "I've always preferred body oils to lotions: They really sink in and last at least twice as long. This one is made with chamomile and jojoba, and each ingredient can be traced right back to the farmer." **\$44, SPACENK.COM**

